## ABSTRACT

A tethering system according to the present invention 5 comprises a housing having front and back surfaces and a tether internal to the housing. A spring is also internal to the housing and arranged to allow the tether to be extended from the tether housing against the force of the spring, with the spring urging the tether to retract into 10 the housing. A mounting apparatus is included on the back surface of the tether housing and is arranged to mount the tether housing to a person. A holstering system is included on the front surface of the tether housing and arranged to allow a personal device to be mounted to the tether housing with the tether attached to the personal device. The tether 15 is extendable to allow use of the personal device by the person. The spring and tether also preventing the personal device from falling to the ground.